

## ROADMAP FOR COLLEGE OF SAN MATEO ADN PROGRAM

### COLLEGE OF SAN MATEO INFORMATION

The College of San Mateo Nursing Program provides students with opportunities for learning at the College, local hospitals, and community health agencies. The program is fully accredited by the California Board of Registered Nursing. Upon graduation, the candidate receives an Associate in Science degree in Nursing, and is eligible to take the National Council Licensing Exam (NCLEX) examination. The graduate is also eligible to transfer to programs offering a bachelor's degree in nursing.

#### Pre-Requisite Courses:

Course	Units	Alignment with SFSU School of Nursing Pre-requisites	Alignment with CSU General Education Requirements
Chemistry 410 (Health Sciences Chemistry I)	4	Meets Requirement	Meets Area B1
Biology 250 (Anatomy with lab)	4	Meets Requirement	Meets Areas B2 and B3
Biology 240 (General Microbiology with lab)	4	Meets Requirement	Meets Areas B2 and B3
Biology 260 (Introductory Physiology with lab)	5	Meets Requirement	Meets Areas B2 and B3
English 100 (English Composition and Reading)	3	English 165 (Advanced Composition) or English 110 (Composition, Literature and Critical Thinking) Required	English 165 and 110 meet Area A2
Communication 110 (Public Speaking), 120 (Interpersonal Communication), 140 (Small Group Communication) or 150 (Intercultural Communication)	3	Meets Requirement	Meets Area A1
Psychology 100 (General Psychology)	3	Not Required	Meets Area D9
Psychology 200 (Developmental Psychology)	3	Not Required	Meets Area D9
Sociology 100 (Introduction to Sociology) or Anthropology 100 (Cultural Anthropology)	3	Not Required	Meets Area D9
Math 120 (Intermediate Algebra – 5 units) or 122 & 123 (Intermediate Algebra 3 units each course) or higher	5 - 6	Math 200 Elementary Probability and Statistics Required	Math 200 meets Area B4

**Test of Essential Academic Skills (TEAS):** Typically, the College of San Mateo Nursing Program Accepted candidates will be required to successfully pass the assessment Test of Essential Academic Skills Version 5 with a 62% composite score prior to entry into the program ([www.atitest.com](http://www.atitest.com)). In the event that the applicant does not pass the test they will need to successfully complete remediation course work and retake and pass the TEAS test prior to entry into the program within one year. Acceptance is denied to candidates who fail to achieve the required composite score for the retest.

### Nursing Courses

Course	Units
<b>Semester 1</b>	
NURS211 Introduction to Nursing	4.5
NURS212 Concepts of Homeostasis in Nursing	4.5
NURS215 Nursing Skills Lab I	0.5
NURS808 Open Skills Lab	0.5-1.5
<b>Semester total</b>	<b>10-11</b>
<b>Semester 2</b>	
NURS221 Pediatric Nursing	4.5
NURS222 Maternity Nursing	4.5
NURS225 Nursing Skills Lab II	0.5
NURS808 Open Skills Lab	0.5-1.5
<b>Semester total</b>	<b>10-11</b>
<b>Semester 3</b>	
NURS231 Psychiatric Nursing	5
NURS232 Medical/Surgical Nursing	5
NURS235 Nursing Skills Lab III	0.5
NURS808 Open Skills Lab	0.5-1.5
<b>Semester total</b>	<b>11-12</b>
<b>Semester 4</b>	
NURS241 Advanced Medical/Surgical Nursing	5
NURS242 Leadership/Management in Nursing	5
NURS245 Nursing Skills Lab IV	0.5
NURS808 Open Skills Lab	0.5-1.5

Course	Units
<b>Semester total</b>	<b>11-12</b>
<b>Nursing Program Total Units</b>	<b>42-46</b>

## SAN FRANCISCO STATE UNIVERSITY INFORMATION

### **Program Description**

The Advanced Placement Option (APO) is a plan of study designed for Associate Degree and Diploma RNs interested in obtaining a Bachelor of Science in Nursing. The plan provides credit for previous course work and flexible scheduling to accommodate the working nurse. Students have the option to study part-time or full-time. If a student meets University general education and other degree requirements, it is possible to complete the course of study in one to one and a half years through full time study.

### **Application Requirements**

Submit a CSU Mentor application to SF State between Oct.1 – Nov 30 selecting the APO-RN major. A separate application to the School of Nursing is also required. Each APO applicant is evaluated individually by an APO Committee member, who will serve as the faculty advisor, in developing a curriculum plan. It is *imperative* that RNs identify themselves as APO applicants both on the University application and on the application to the School of Nursing. Interested applicants should attend an informational session offered by the School of Nursing; dates, times and locations for these sessions are posted on the School of Nursing website.

### **Prerequisites**

**RNs must provide documentation for the following prerequisites:**

1. Graduation from an accredited Associate Degree program or its equivalent with a GPA of 2.50 in all nursing courses and overall college GPA of 3.0.
2. Must be eligible for Licensure as a Registered Nurse in the State of California. Prior to enrolling in clinical nursing courses, must be licensed as an RN in California or be exempt by virtue of military status.

The following foundation courses are part of graduation requirements for the BSN degree. Applicants who have not completed at least 9 of the 10 prerequisite courses by the end of the fall semester, in which they are applying to the APO Program, will not be considered for admission to the APO Program. These courses may be done in community colleges or at SFSU. Visit [www.assist.org](http://www.assist.org) to find comparable community college courses.

	<u>SFSU course</u>	<u>SFSU course</u>	
Human Anatomy	Bio 328	Written Communication	see bulletin
Human Physiology	Bio 610 & 611	Oral Communications	see bulletin
General Microbiology	Bio 210 & 211	Statistics	Math 124
Survey of Chemistry	Chem 101 & 102	Critical Thinking	see bulletin

**Transfer Credit:** RNs may receive credit for previous nursing education through the following mechanisms:

- 1) The maximum number of units transferable from a junior college is 70.
- 2) Challenge examinations for specific required nursing courses for APO students.
- 3) Equivalency of nursing courses taken at another university will be considered on an individual basis.

### **PLAN FOR NURSING COURSES**

Besides nursing course work, all APO students will need upper division coursework within the university to meet the requirements towards degree. There are 120 units, minimum, to complete the BSN. A maximum of 70 units of course work is transferable from a junior college. The numbers of units required for graduation are indicated in the Advanced Standing Evaluation (ASE) document or the Degree Audit Report (DAR), which students may request from the student records office. Student accepted into the APO program receive 20 units of upper division nursing credit for successfully passing the NCLEX-RN licensure exam. In addition to the 21 unit APO Program, students in this nursing program must take 9 units (3 courses) of upper division general education.

### **Nursing Courses**

<b>Course</b>	<b>Units</b>
<b>Semester 1</b>	
NURS 300GW Bridge to Professional Nursing Practice (also satisfies the University Written English Proficiency/GWAR Requirement)	3
NURS 324 Geriatric Nursing Theory	3
NURS 338 Nursing Research	3
Upper Division General Education	3
<b>Semester Total</b>	<b>12</b>
<b>Semester 2</b>	
NURS 446 Community/Public Health Nursing Theory	3
NURS 447 Community/Public Health Nursing Practicum	3
Upper Division General Education	3

<b>Course</b>	<b>Units</b>
<b>Semester Total</b>	<b>9</b>
<b>Semester 3</b>	
NURS 558 Professional Practice Concepts Theory	3
NURS 559 Professional Practice Concepts Practicum	3
Upper Division General Education	3
<b>Semester Total</b>	<b>9</b>

Notes: A minimum of 40 upper division units must be completed for degree. The 20 units of upper division nursing credits that are received on admission to the program are included in the calculation of units required for degree completion. Consult with department regarding which courses are offered once a year.